

# **Trek, Young Women's Camp, and Aaronic Priesthood Camp**

## **Participant and Parent Standards and Expectations Guidelines 2025**

Dear Youth and Parents or Guardians,

We, as Morehead City Stake Youth Leadership, have been looking forward to events coming up in 2025. We want to ensure that youth summer activities are planned in keeping with their intended purpose.

### ***The purpose of Trek, Young Women's Camp, and Young Men's Camp is to help youth:***

- Build faith in Jesus Christ.
- Strengthen testimonies.
- Develop talents.
- Make new friends.
- Have fun with youth who share similar beliefs and standards. (20.4)

As we have counseled together, we also feel it is important to emphasize the necessity and value of keeping high standards—especially at church sponsored activities. Participants at Trek and Youth Camps are expected to follow all standards outlined in *For the Strength of Youth: A Guide for Making Choices*. We encourage each youth along with their parents or guardian to review this guide in preparation for these activities. All stake youth activities will also adhere to guidelines as provided in the church handbook. We would like our youth, with parent or guardian support, to make an earnest commitment to honor these standards and expectations while at youth camps and Trek this coming summer 2025.

### ***Standards and guidelines for church summer activities include:***

- Each youth will have his or her own bed or sleeping bag and should not share a bed for any reason. (20.5.5)
- Treat your body—and others' bodies—with respect. As you make decisions about your clothing, hairstyle, and appearance, ask yourself, "Am I honoring my body as a sacred gift from God?" (*For the Strength of Youth: A Guide for Making Choices*)
- No immoral or romantic behavior between any youth of any kind will be tolerated.
- Youth who deal with feeling of same-sex attraction are welcome to participate in all activities as they choose to live in accordance with Church doctrine. (38.6.15)
- For overnight activities, youth who identify as a gender other than one's biological sex at birth are welcome to participate in youth camps that align with their biological sex at birth. Additionally, those who choose to pursue surgical, medical, or social transition away from their biological sex at birth are welcome to participate in Trek, but youth will be released to the care of a parent or legal guardian overnight, who is responsible for arranging accommodations. (38.6.23)
- Appropriate phone use will be expected. Youth should not need to use their phones in restroom facilities or other private areas.

***The following prohibited activities will result in your being sent home immediately at your own expense:***

- Participating in or encouraging immoral behavior of any kind, which includes breaking the law of chastity and viewing pornography in any form.
- Shoplifting, theft, or vandalism of any kind.
- Breaking the Word of Wisdom, including the possession of illegal substances and vaping.
- Possession of weapons or firearms of any kind.
- Doing anything harmful to yourself or others physically, spiritually, or emotionally, including any form of bullying.

Please be advised that all crimes and incidents or pranks of a harmful or destructive nature will be reported to local authorities. Consequences resulting from actions taken by local authorities are out of our control. Please contact your bishops and/or Young Women's presidents if you have any questions concerning these expectations (*FSY Standards of Conduct*).

We know that as youth come prepared to adhere to these standards and expectations, they will be better able to build their faith in Jesus Christ, strengthen testimonies, develop talents, make new friends, and have fun with youth who share similar beliefs and standards as they participate in Trek and youth camps next summer!

With Love,  
Morehead City Stake Youth Leaders